

IN THE CLAIMS

1. (currently amended) In a method stimulating a human body in a warm or hot air booth with a cold medium, the improvements characterized by:

circulating the warm or hot air in the booth ~~on~~from a ceiling side ~~thereof~~ the booth;

and

introducing the cold medium into the booth at the ceiling side of the booth.

2. (previously presented) A method according to claim 1, characterized by periodically interrupting the by circulating.

3. (previously presented) A method according to claim 1, characterized in that the introducing is in the region of the circulating .

4. (currently amended) A method according to claim 3, characterized in that the circulating comprises rotating a rotor (R) covered by an ejector disk (5) for the introducing of the cold medium in the form of at least one of snow, ice flakes, or granular ice cubes outwardly therefrom.

5. (currently amended) A method according to claim 4, characterized by shielding the ejector disk (5) with a segment ring (9).

6. (previously presented) A method according to claim 3 further comprising heating the booth on a bottom side.
7. (currently amended) A method according to claim 6, wherein the heating comprises projecting a ~~the~~ pipe (26) from a furnace (23) into the booth .
8. (previously presented) A method according to claim 6, characterized by guiding fresh air into the booth through at least one second pipe (27).
9. (previously presented) A method according to claim 4 further comprising heating the booth on a bottom side.
10. (currently amended) A method according to claim 5 further comprising heating the booth on a bottom side.
11. (currently amended) A method according to claim 9, wherein the heating comprises projecting a ~~the~~ pipe (26) from a furnace (23) into the booth.
12. (currently amended) A method according to claim 10, wherein the heating comprises projecting a ~~the~~ pipe (26) from a furnace (23) into the booth.
13. (previously presented) A method according to claim 9, characterized by guiding fresh air into the booth through at least one second pipe (27).

14. (previously presented) A method according to claim 10, characterized by guiding fresh air into the booth through at least one second pipe (27).

15. (previously presented) A method according to claim 11, characterized by guiding fresh air into the booth through at least one second pipe (27).

16. (previously presented) A method according to claim 12, characterized by guiding fresh air into the booth through at least one second pipe (27).